In an effort to make the sport of softball as safe as possible, the Colorado Altitude coaches will carefully and constantly instruct the players of proper mechanics and the rules of fast-pitch softball. It is vital that the players follow the coaches’ instructions, rules, and team policies to decrease the possibility of serious injury.

We understand that fast-pitch softball is a sport that can, and often will, involve forceful contact with the ball, ground, another player, etc. Softball practices and games often occur during hot times of the day/year and these conditions can often lead to health risks if proper hydration and care are not tended to.

We, as coaches, ask the Colorado Altitude players to be active listeners to avoid any and all injuries or health risks. We, as coaches, ask the Colorado Altitude parents/ guardians to support their ball player and the coaching staff to avoid any and all injuries or health risks.

By signing this form, Colorado Altitude parents/legal guardians relieve the Colorado Altitude coaches, as well as property owners of practice and game facilities, of liability of any and all injuries or health issues.

**We agree to the above…**

Player Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

Player/Guardian Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_